

Resources for Substance Use Disorder Treatment and Support

For additional resources, please call Brigham and Women's Faulkner Addiction Recovery Program front desk at 617-983-7474 and ask to speak with Julia Trumble, LICSW or Joshua Lamkin, LICSW.

Substance Abuse and Mental Health Service Administration (SAMHSA)

<https://www.samhsa.gov/find-treatment> 1-800-662-HELP (4357)

TTY: 1-800-487-4889

The SAMHSA website includes educational information about addiction and mental health, and also allows individuals to find facilities for treatment ranging from outpatient to inpatient levels of care, including sober homes or halfway houses.

Opioid Treatment Programs (including Methadone clinics) locator per state:

<https://dpt2.samhsa.gov/treatment/>

Massachusetts Bureau of Substance Abuse Hotline

www.helpline-online.com

1-800-327-5050

TTY: 888.448.8321 A statewide resource that provides services to find substance use disorder treatment (including SOAPs, IOP, partial, inpatient, ambulatory), and problem gambling services. The helpline is free and confidential.

Massachusetts 211

<https://www.helpsteps.com/hs/home/#/services/4>

Telephone: 211 or 877-211-6277

This website/telephone number provides resources for a wide variety of services including addiction and mental health services, LGBTQ, parenting, transportation, work, etc.

Medical management for substance withdrawal (Detox for alcohol, opioids, benzodiazepine)

<https://www.marsi.org/open-beds/>

This website provides an updated listing of detox bed availability in the state of MA with contact information. Please note, not all providers update this list in real time.

Providing Access to Addictions Treatment, Hope and Support (PAATHS)

<https://www.bphc.org/whatwedo/Recovery-Services/paaths-connect-to-services/Pages/paaths.aspx>

774 Albany street, 1st floor,

Boston MA 02118

617-635-4500 One-stop shop for anyone (individuals, families, community partners, other treatment providers) looking for information about, or access to, substance use treatment services. Phone and community support is provided and walk in services are available to anyone who is in need of help.

Brigham Health Bridge Clinic

<https://www.brighamandwomens.org/psychiatry/brigham-psychiatric-specialties/brigham-health-bridge-clinic>

75 Francis Street

Tower, 1st Floor, Suite 159

Boston, MA 02115

617-278-0172

The Brigham Health Bridge Clinic is a rapid-access, low barrier clinic for patients with Substance Use Disorders (SUDs), including alcohol, opioids, benzodiazepines, cocaine,

amphetamines, etc. Walk-ins are available. This clinic is for Brigham and Women's patients only.

Harm Reduction Programs: (such as needle exchange and overdose training)

Access, harm reduction, overdose prevention and education (AHOPE)

<https://bphc.org/whatwedo/Recovery-Services/services-for-active-users/Pages/Services-for-Active-Users-AHOPE.aspx>

774 Albany St, 2nd floor

Boston, MA 02134

617-534-3976

Provides needle exchange and harm reduction services (such as HIV testing, risk reduction supplies, referrals, risk reduction education, etc.)

AIDS Action

<https://aac.org/>

359 Green Street,

Cambridge, MA 02139

857-313-6800

Provides information and resources for infectious disease prevention and treatment.

Psychiatric Emergencies

911 is always an option.

<https://www.mass.gov/emergencycrisis-services>

1-877-382-1609.

Emergency service/crisis intervention for mental health and substance abuse in Massachusetts.

Boston Emergency Services Team (BEST)

<https://northsuffolk.org/services/emergency-services/boston-emergency-services-team/>

800-981-4357

Provides a comprehensive, highly integrated system of crisis evaluation and treatment services to the greater Boston area to children, adolescents, adults, including the elderly, the homeless, mentally ill and the multicultural populations within the Boston, Brookline, Chelsea, Revere and Winthrop communities.

Samaritans

<https://samaritanshope.org/>

1-877-870-4673

Phone or text (text option available through website) for mental health crisis including suicidal thoughts.

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/>

1-800-273-8255

Provides free and confidential emotional support to people in suicidal crisis or emotional Distress.

Peer based and technological resources

Alcoholics Anonymous (AA)

<http://aa-intergroup.org/directory.php>: Includes telephone (including chat/text), zoom, and when able (COVID) in person options for meetings

<http://aaphonemeetings.org/> : Telephone only AA meetings

Self Management and Recovery Training (SMART)

<https://www.smartrecovery.org/>

Smart Recovery Online is a community where participants interact and help one another recover from addictive behaviors. Features include daily online meetings, message board and 24/7 live chat.

Narcotics Anonymous

New England region of Narcotics Anonymous: <http://nera.org/>
1-866-NA-HELP-U

Meetings and support from individuals recovering from drugs, including opioids.

<http://nabyphone.org/> : Telephone only NA meetings

Never Alone

<https://www.neveraloneclub.org/>

Public peer support chat rooms without 12 step affiliation.

In the Rooms

<https://www.intherooms.com/home/>

Online recovery tool that offers 130 weekly online meetings with an appreciation that there are multiple pathways to recovery (12 step, non 12 step, wellness and mental health).

Phone applications

Sober grid allows you to create online profiles and interact, support, and engage with other people in recovery using a social media platform.

SoberTool provides daily motivational messages and reminders to aid your recovery.